

Personal Information

Name: Dr Anne Swart

Address: São Pedro - Sintra - Portugal

Nationality: Dutch



Professional Experience

- Extensive experience in dental surgery, aesthetic medicine, and anti-aging medicine.
- Proficient in implant dentistry and complex oral rehabilitation.
- Skilled in aesthetic techniques, including botulinum toxin, injectables, and laser treatments.
- Holistic bio healthcare provider and menopause coach.
- Trained in DNA health testing, bioidentical hormone therapy, and functional nutrition.

Publications

Author of the following books:

- Thrive Beyond Menopause: Embrace Your Best Self
- Strength & Vitality: Unlocking Wellness After 40
- Empowered Hormones: A Guide to Bioidentical Hormone Replacement Therapy
- Strength Renewed: The Power of TRT for Men Over 45
- The Holistic Smile: A Journey into Biological Dentistry

Work Experience

Clinical Director and CEO

Anne Swart Clinic - Medical Care, Portimão, Portugal / Anne Swart Clinic - Sintra

18/05/2015 - Present

Oversee holistic medicine and biological dentistry practices, coordinating team efforts and patient care.

Oral Surgery and Aesthetic Medicine Provider

Hospital Particular do Algarve S.A., Alvor, Portugal

01/09/2013 - 01/07/2015

Delivered specialized dental surgery and aesthetic medicine treatments.

Specialist Oral and Implant Surgeon and Aesthetic Medicine Specialist

MALO Clinic Health & Wellness, Portimão, Portugal

(Dates not provided)

Clinical Director and Managing Partner

Multiclínica Medefi, Lda, Lagoa, Portugal

11/09/1996 - 20/12/2012

Led a dental clinic specializing in complex oral rehabilitation and anti-aging medicine treatments.

Managing Partner and Speaker

Investodromo, Lda

01/04/2009 - 20/12/2012

Managed events and provided consulting for medical and dental clinics.

Managing Partner

Proestetica Laboratório de Prótese Dentária, Lda, Lagoa, Portugal

01/06/2005 - 24/04/2010

Specialized in CAD Cam and full ceramic restorations.

Dental Surgeon

Clipro, Clínica Dentária, Portimão, Portugal

01/04/1995 - 01/09/1996

Dental Surgeon

Clinica Oral do Carvoeiro, Carvoeiro, Portugal

07/10/1993 - 01/08/1994

Clinical Assistant and PhD Student

VUB, Vrije Universiteit Brussel, Brussels, Belgium

01/09/1991 - 01/10/1993

Invited PhD student in Prosthetic Dentistry.

Education and Training

PhD in Prosthetic Dentistry

VUB-Brussels, Brussels, Belgium
10/1991 - 10/1993

Medicine and Dental Medicine

VUB-Brussels, Brussels, Belgium
10/1990 - 07/1991

Medicine and Dental Medicine

VUB-Amsterdam and ACTA, Amsterdam, Portugal
10/1985 - 07/1990

Post Graduation in Periodontology

Department of Biomaterials, University of Gothenburg, Sweden
04/2005 - 04/2006

Board Certification in Aesthetic Medicine and Anti-Aging Medicine

American Academy of Aesthetic Medicine, USA
11/2009 - 03/2015

Integrative Health & Functional Medicine Mastery Certification

11/2023 - Present

Additional Information

Memberships

- Ordem dos Médicos Dentistas (OMD): n° 1114
 - American Academy of Aesthetic Medicine (AAAM): n.º 4319
 - International Congress of Oral Implantologists (ICOI), Master Title
 - American Academy of Periodontologists (AAP)
 - European Society for Cosmetic and Aesthetic Dermatology (ESCAD)
 - World Society of Interdisciplinary Anti-Aging Medicine (WOSIAM)
-

Languages

- Dutch: Native
- English: C2
- Portuguese: C2
- German: B2
- French: B1
- Spanish: B2